ROTARY CLUB OF JAMSHEDPUR

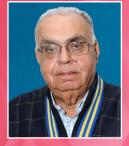
R.I. DISTRICT - 3250



Rtn Stephanie A. Urchick R.I. President (24-25)



Rtn Bipin Chachan District Governor (24-25)



Rtn Mangi Lal Chawla President (24-25)



Rtn S. Vaidyanathan Hon. Secretary (24-25)



WEEKLY BULLETIN

Vol. No. I, July - 2024





Honorary Office Bearers 2024 - 2025

President **Rtn Mangi Lal Chawla** President Elect **Rtn Capt. Anil Kumar Pandev** Vice President Rtn Dr. V S P Sinha Secretary **Rtn S Vaidyanathan** Joint Secretary **Rtn Mona Bahadur** Treasurer **Rtn Suneet Kumar Director, Club Service Projects IPP Rtn Pramod Dubey** Director, Club Administration PP Rtn Dr. Kety Bhathena Director, Rotary Foundation **Rtn Rajiv Agarwal** Director, Membership **Development & Retention Rtn Darshana Taunk Director, Public Image/Relations Rtn Pragya Singh** Sergeant at Arms Rtn Dr. Neena Gupta **Rtn Sheetal Mittal**

> Editor Rtn Asha Singh Sub Editor Rtn Shamita Ahuja

Office: 67, Q-Road (West), G1 Type Bistupur, Jamshedpur-831001 E-mail: rotaryjsr16030@gmail.com Website: www.rotaryclubjamshedpur.org

The 4-Way Test

Of the things we think, say or do

- 1. Is the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be **BENEFICIAL** to all concerned?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, encourage and foster :

- First : The development of acquaintance as an opportunity for service.
- Second : High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying by each Rotarian of his / her occupation as an opportunity to serve society.
- Third : The application of the ideal of service by every Rotarian to his / her personal, business and community life.

Fourth : The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal service.

CLUB GOALS & OBJECTIVES 2024 - 2025

GOALS

- 1. To make our Club 100% Donor club
- 2. Promote 4-Way Test
- 3. To increase membership and engage them in Club Activities
- 4. Training to be imparted to New and not so new Rotarians about the working of the club.
- 5. To make Rotarians participate in various District Events
- 6. Enhance Public Image
- 7. To upgrade Rural Community Educational skill Training program in Schools of villages.
- 8. Amendment of Club bye laws
- 9. Try for Global Grant project
- 10. Assign one Rotarian for maintaining our club website
- **11**. Contribution of \$25 of all club members
- 12. At least attempt to make 10 MPHF during the rotary year 2024-25

OBJECTIVES

1. 100% Donor Clubs

"Magic of Rotary" happens when we contribute to Rotary Foundation Kick start the magical journey by contribution of \$25 by each Rotarian.

2. Membership Engagement and Retention

- Increase attendance in weekly meetings
- Engaging member in weekly meeting
- > Involve most of the Rotarians in Fellowship activities to be held in the club.

3. Training of the Rotarians

- Training of the new Board of Directors, Chairpersons/Alt.Chairpersons of various service committees
- > Training at Inter Club level
- 4. Rotarians to participate in Dist. Events
 - > District Conference
 - District RYLA
 - District Rotary Foundation Seminar
 - > Dist. DEI seminar to be hosted by our club

5. Enhance Public Image

- Create Awareness by various means and activities like Polio Rally
- Distribution of Big Umbrellas, Installation of Rotary Wheel etc.

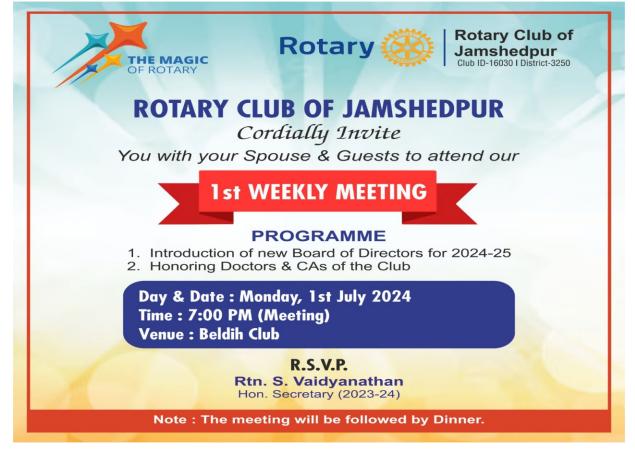
6. Rural Upliftment

- Make a Happy School
 - Smart Class
 - Skill training Program
 - Computer Literacy
 - Establishment of Saheli Centre
 - Vocational Training Centre.





TODAY'S PROGRAMME



Theme JULY IS MATERNAL AND CHILD HEALTH MONTH



Support initiatives that make health care available to mothers and children so they can live longer, grow stronger and have a brighter future.

Rotary make high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger.

We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of 5 die each year because of malnutrition, inadequate health care, and poor sanitation – all of which can be prevented.





MINUTES OF THE FOURTH REGULAR WEEKLY MEETING OF JUNE 2024 HELD ON MONDAY 24 JUNE 2024 AT 7:00 P.M. AT BELDIH CLUB

PRESIDENT RTN PRAMOD DUBEY IN THE CHAIR

- 1. The President called the meeting to order at 7.00 p.m.
- 2. National anthem was sung.
- 3. The President thanked Rtn Sharad Sarin and spouse Mani for sponsoring the evening's snacks.
- 4. Rtn Basudev Chowdhary read out The Four-Way-Test.
- 5. Minutes of the third regular weekly meeting of the club, held on 17 Jun 2024 were confirmed.
 - a. The President informed that the programme for the evening was a light entertainment meeting "Sarv Mangal" and induction of Mr Rohan Mehta as member Rotary Club of Jamshedpur,
- 6. The President conveyed BIRTHDAY GREETINGS TO:

PDG Rtn Ronald D'Costa	Jun 25
Rtn N Rammurty	Jun 27
Rtn Mohan Lal Agrawal	Jun 27

ANNIVERSARY GREETINGS TO:

Rtn Rajen Kamani and Rsp Taru Kamani	Jun 24
Rtn Bimal Kumar and Rsp Harshita	Jun 24
PP Rtn G R Murti and Rsp Jayanti	Jun 25
Rtn T K Sridhar and Rsp Dhanlakshmi	Jun 29
Rtn Arun Kumar Singh and Rsp Neelam	Jun 30

- 7. The President informed that the lucky draw winners for last week were PDG Rtn Dr. R Bharat and Rtn Manju Singh.
- 8. Hon. Secretary Rtn Dr. V S P Sinha made the following club announcements.

Outside attendance:

Rotary Satellite Eye-screening

Rotary Satellite Eye-screening Van was at Eklavaya Model Awasiya Vidyalaya, Tamar run by KPS Group for the underprivileged on 17th June & 18th June 2024. A session on Eye Care





and Nutrition was conducted for teachers and students. Rotarians present were:- PDG Rtn Dr R.Bharat, Rtn N.Rammurthy, Rtn Jagannath Santra, Thanks for support from PP Rtn Sharat Chandran & Rsp Laxmi Sharat, TSF and JEH.

RCJ Bhelaipahari Mother and Child Healthcare Centre - Wednesday, 19th June 2024

106 patients were examined by Dr. Rita Bhatnagar at clinic held at the centre. Rsp Surya Venkat was present at the centre.

RCJ Food For All Committee - 22nd June 2024

Rotary Club of Jamshedpur and Shirdi Sai Charitable Trust members were at Chota Banki and Imlitola villages distributing hot delicious meal to 300 residents. Rotarians present were:- PDG Rtn Vijay Mehta, Rsp Kiran Mehta, Rtn M. L. Agarwal, Rtn Mahendra Gupta, Rtn Dr. Shams Khan, Rtn Asha Singh, Rtn Rohan Mehta.

Inauguration of RCJ Computer Classroom and Rotary Skill Centre

The newly constructed computer classroom and skill centre at Chotanagpur Vikas Vidyalaya established by Rotary Club of Jamshedpur was inaugurated by the Chief Guest, District Governor Rtn Shiv Prakash Bagaria. (Rotary District 3250) on Saturday, 22nd June 2024

The programme began in Rotary way, presenting and honouring all guests with traditional shawls and mementos. In his welcome speech, the President of Rotary Club of Jamshedpur, Rtn Pramod Dubey, said that this centre is equipped with 19 computers, a projector, a solar power system built at a cost of 11.50 lakhs, will play a crucial role in imparting modern education and training to rural students and youth. PDG Rtn Dr. R Bharat praised the project and reiterated RCJ's priority towards computer-based education.

The Chief Guest, while addressing the gathering, highly appreciated the RCJ and described this project as unique in the entire district.

On this auspicious occasion, six meritorious girls were gifted bicycles and eight women were given sewing machines.

Rotarians present were:- President Rtn Pramod Dubey, Honorary Secretary Rtn Dr. V. S. P. Sinha, PE Rtn M.L. Chawla, Co-Secretary Rtn S. Vaidyanathan, PDG Rtn Dr. R. Bharat, Rsp Surya Venkat, PP Rtn Khokan Dutta, PP Rtn Gian Taneja, PP Rtn Katy Gabba, PP Rtn D. N. Jena, PP Rtn Satnam Kapula, Rtn Aruna Taneja, Rtn Dr. Manju Singh, Rtn Rajeev Agarwal, Rtn S. S. Gadia, Rtn Basudev Choudhary, PP Rtn Pritha Dutta and PP Rtn Geeta Dubey.

The next weeks program is :

- a. Introduction of Board Members of RY 2024 25
- b. Feliciation of Doctors and Chartered Acountants of our club.
- 9. PP Rtn Geeta Dubey, Trustee of Usha Paras Smriti Trust presented a cheque of Rs. 2.5 lakhs towards Rotary Kaushal Kendra at Chotanagpur Vikas Vidyalalya, Silpahari.





- 10. The President informed that the Annual District Awards program "Gracious" was held on 22 June our Club bagged the following 16 awards which were put on display at the dais.
 - i. Governor's Appreciation Award Hon Secretary Rtn Dr V S P Sinha
 - ii. Serving Rotary for More than 40 years PDG Rtn Vijay Mehta
 - iii. Serving Rotary for More than 40 years PDG Rtn Ronald D'Costa
 - iv. Serving Rotary for More than 40 years PP Rtn K N Venkat
 - v. Serving Rotary for More than 40 years PP Rtn Surinder mehra
 - vi. Serving Rotary for More than 40 years PP Rtn Gopal Taneja
 - vii. Serving Rotary for More than 40 years PP Rtn Deepak Taunk
 - viii. Serving Rotary for More than 40 years PP Rtn K M Dutta
 - ix. Serving Rotary for More than 40 years Rtn Dr G B Singh
 - x. Emerging Rotarian Rtn Vinod Menon
 - xi. District Award for Skill Development
 - xii. District Award for Food for All (Annapurna Project)
 - xiii. District Award for Best Saheli Center
 - xiv. District Award for Outstanding Support : PP Rtn Sharat Chandran
 - xv. District Award for Outstanding Contribution in IFRM IPP Rtn Satnam Kaur Kapula
 - xvi. Best Vocational Service (Above 40).
- 11. Mr. Rohan Mehta was inducted as a member of the Club. PDG Rtn Dr. R Bharat inducted him and administered the oath. He was presented with Rotary Pin and Literature.
- 12. The President requested Rtn Harpreet Marwah to conduct the entertainment program.
- 13. IPP Rtn Satnam Kaur Kapula, Rtn Suneet Kumar, RSP Dr Pallavi and Rtn Sanjeev Raman sang popular bollywood songs which was enjoyed by all present, while Rtn N Rammurty entertained the gathering with his rib tickling jokes,
- 14. The President presented a token of appreciation to IPP Rtn Satnam Kaur Kapula, Rtn Suneet Kumar, RSP Dr Pallavi. Rtn Sanjeev Raman, Rtn Harpreet Marwah and Rsp Lakshmi Sharat.
- 15. Rtn Manju Singh read out the Sergeant-at-arms report as under :

Visiting Rotarian	01	Total membership	117
Club Guests	03	Sunshine box collection	Rs. 2340
Members present	44	Rotary Spouse	13

16. The meeting adjourned at 8:30 p.m.

<><><><>





Rtn Mangi Lal Chawla, President

Mangi Lal Chawla, an accomplished entrepreneur and active community member. He completed his schooling at St. Xavier's School and persued his college education at Tata College, Chaibasa. He began his entrepreneurial journey at the age of nineteen and has since gained over 42 years of experience in the trading business.

Currently serving as the Managing Director of M/s Electro Flash, a distributor for renowned companies, Mangi Lal has established himself in Jamshedpur after relocating from Chaibasa and Delhi. In 2008, he joined the Rotary Club of Jamshedpur, where he has held various positions,

including Honorary Secretary, Joint Secretary, Treasurer, and Sergeant at Arms. Mangi Lal has actively contributed to numerous projects, including the Pacemaker project, Eye Camps, Rotary Vividh Sewa Kendra, Pulse Polio, Saheli Centre, PPH project, WINS, and Meemamsi Centre. Recognized as a distinguished Paul Harris Fellow, he has maintained an outstanding attendance record in club meetings and received accolades for his exceptional service. Additionally, Mangi Lal is a life member of the Singhbhum Chambers of Commerce and the Jharkhand State Cricket Association.

Married to Rita Chawla, he takes pride in his children, with his son, Deep Chawla, as his business partner and his daughter, Rtn. Sheetal Mittal, settled in Jamshedpur with her own family. Mangi Lal finds immense joy in his role as a father and grandparent.

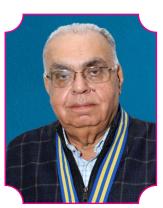
Rtn Capt. Anil Kumar Pandey, President Elect

Rtn. Capt. Anil Kumar Pandey is a distinguished individual with a BA (Hons.) in Economics, a PG Diploma in Social Welfare and Public Relations, and a Flying Instructor Certificate. He serves as the Director of ACS Pvt. Ltd. and is a civil contractor with JUSCO and Railways through B.N. Enterprises. His expertise and dedication have earned him significant recognition in his field.

In the Rotary community, Capt. Pandey has received the Outstanding Rotarian Award twice, the Appreciation Award for Support, and the Netra Jyoti Award for his service to Rotary Vividh Seva Kendra. He is also a life member of various organizations.

Supported by his wife, Rinku Pandey, he is a proud father of two sons. Abhishek Harshvardhan is pursuing an MBA from XLRI after completing engineering, while Abhinav Harshvardhan is in the final year of his master's at VIT, Vellore. Capt. Pandey's accomplishments, dedication to service, and family-oriented approach exemplify his well-rounded character and commitment to making a positive impact.









Rtn Dr. VSP Sinha, Vice President

Rtn. Dr. VSP Sinha is a renowned Plastic and Cosmetic Surgeon with over 23 years of experience in Jamshedpur. He completed his MBBS from MGM Medical College and pursued an MS in General Surgery and an MCh in Plastic Surgery from the Institute of Medical Sciences, BHU Varanasi. Recognized as one of the leading Plastic Surgeons in Jharkhand, Dr. Sinha has served as Past President of the Jamshedpur Surgical Society and is currently President Elect of the Bihar and Jharkhand Association of Plastic Surgeons.



In his leisure time, he enjoys playing badminton, engaging in sports, reading, and traveling. He is married to Ranjeeta Sinha, who holds an MA in Philosophy, and they have two daughters: Dr. Vijeta Sinha, pursuing MDS in Oral and Maxillefacial Surgery, and Gunian

have two daughters: Dr. Vijeta Sinha, pursuing MDS in Oral and Maxillofacial Surgery, and Gunjan Sinha, who recently joined JP Morgan after completing her MBA. A dedicated Rotarian for 13 years, Dr. Sinha has been recognized as Best Rotarian and is actively involved in healthcare, environmental, and educational projects.

Rtn S. Vaidyanathan, Hon. Secretary

Rtn S. Vaidyanathan, an MBA graduate in Marketing from D.Y. Patil College in Pune, chose entrepreneurship over the corporate world and established a successful foundry a decade ago. During the Covid-19 pandemic, he prioritized paying wages to his laborers, sacrificing his own finances for the villagers' well-being.

Living in a joint family, Rtn. Vaidyanathan actively engages in Rotary, serving as chairperson of the fellowship and environment committees, among others. A Paul Harris Rotarian and sports enthusiast, he plays cricket with teams much younger than himself. He also participates in the



Food for All campaign, distributing meals to remote villages. At Rotary events, he supports behind the scenes, contributing to program infrastructure.

Rtn Vaidyanathan lives by Swami Vivekananda's words, believing in giving 100% effort and daring to fulfill his thoughts in life.





Rtn Mona Bahadur, Joint Secretary

Rtn. Mona Bahadur, Treasurer, is an accomplished professional and dedicated community member. With degrees in Sociology (Hons), Law, and a postgraduate qualification as a Company Secretary (CS), she holds key positions at JMT AUTO Limited, including Company Secretary, Legal Head, Chief of Corporate Communication, and Chairperson of the POSH and CSR Committees. Since joining the Rotary Club of Jamshedpur in 2014, Mona has actively contributed to club projects and assumed various roles at both club and district levels.



She has served as Bulletin Editor for five consecutive years, Director of the

Public Relations Committee, and District Chairperson for Interact. Her accolades include the Shining Star Rotarian, Outstanding Rotarian, and Best Support for Distinguished Service awards. An esteemed guest speaker and trainer at district events, she also won the Most Creative Rotarian Award at the District Conference. Mona enjoys writing poetry and music and is the proud mother of Anoushka Bahadur, a law student at National Law University.

Rtn Suneet Kumar, Treasurer

Rtn. Suneet Kumar holds a Master's in Labour and Social Management, a 3-year LLB, and a Master's in Political Science. His spouse, Archana Rani, teaches at Kerala Public School, Kadma. Their daughter, Anshika Raj, is in STD 11 at Sacred Heart Convent School, Jamshedpur, and is a district lawn tennis champion who has participated in regional and national tournaments.

Suneet Kumar is the Managing Director of Kharkai Infrastructure Private Ltd., involved in hospitality and construction. He is a life member of the Red Cross Society, Vice President of the Jharkhand Roll Ball



Association, ex-Director of YMCA, and past President of Ys Men Club, Jamshedpur. He is President of Jamshedpur Radio Shrota Sangh, a 59 nears old organisation. An active member of NGO Nagrik Sangh and a regular blood donor, he has received numerous awards from various organizations. With almost nine years in the Rotary Club, he has been honored with several awards, including the District Award in Water and Sanitation, COVID Warrior Award, and Outstanding Rotarian Award who also enjoys helping the underprivileged, dil se!





IPP Rtn Pramod Dubey, Service Projects

Rtn Pramod Dubey is a distinguished professional in computer science and engineering, boasting over 34 years of experience. A graduate of IIT BHU, Varanasi, Pramod has held esteemed positions at Tata Steel, Mastek, EMJ in the USA, and Prerna Classes in Jamshedpur. He currently serves as the Managing Partner of napaSOFT, an IT firm in Jamshedpur.

Joining the Rotary Club of Jamshedpur in 2009, Pramod has made significant contributions, earning the Outstanding Rotarian award three times. His active involvement spans several committees,

including Program, Fellowship, and Public Relations, where he has played a pivotal role in enhancing the club's initiatives and outreach.



Pramod is happily married to Geeta Dubey, an accomplished author and Past President of the Rotary Club of Jamshedpur Femina. Geeta holds an MSc in Botany from Ranchi University and has made notable contributions to the literary field. Together, they are proud parents of two sons, each excelling in their respective fields.

Their elder son, Dr. Abhimanyu Dubey, holds degrees from IIT-Delhi and MIT-Cambridge. He is a Research Scientist at Facebook AI Research in Menlo Park, California. Abhimanyu's wife, Surabhi Sinha, is a Computer Science graduate of BIT Mesra with a postgraduate degree from CMU in Pittsburgh, USA, and works at Amazon.

Their younger son, Abhishek Dubey, is a practicing lawyer in New Delhi, having graduated from Symbiosis Law School, Pune. The Dubey family exemplifies a commitment to excellence and service, with each member contributing significantly to their fields and communities.

Pramod's leadership and dedication, both professionally and within the Rotary community, reflect his unwavering commitment to making a positive impact. His journey is marked by significant achievements, a testament to his hard work, vision, and the strong support of his family.

PP Rtn Dr. Kety Bhathena, Club Administration

Dr. Kety Bhathena, a distinguished Rotarian and Multiple Paul Harris Fellow, boasts a remarkable career spanning over 48 years as an Associate Professor at Ranchi University. Specializing in Chemistry, she contributed extensively to academia, teaching at both undergraduate and postgraduate levels in Nagpur and Jamshedpur. Notably, she served as the Head of the Chemistry Department at Graduate College for 32 years and played a pivotal role as the first Controller of Examination at Jamshedpur Women's College during its transition to an Autonomous Institute.







Armed with a Master's degree from Nagpur University and a Ph.D. from Ranchi University, Dr. Bhathena's research focused on Oscillatory Chemical Reactions, Nuclear Science, and Pollution around Jamshedpur. Her academic contributions extend beyond teaching, with two published books and seven research articles in international journals.

Beyond her academic pursuits, Dr. Bhathena is a dedicated social worker, having held leadership positions in various organizations, including Rotary Club of Jamshedpur and Lion's Club of Jamshedpur. Her initiatives led to the establishment of the Physiotherapy Centre and Rotary Vividh Seva Kendra, showcasing her commitment to community welfare. Dr. Bhathena's exemplary service has earned her numerous awards, including recognition as the "Best Teacher" and multiple honors from Rotary and Lion's Club for her outstanding contributions and leadership.

Rtn Rajiv Agarwal, Rotary Foundation

Rajiv Agarwal aims to serve clients with dedication and hard work in the legal arena. With extensive experience at R.M. Agarwal & Associates and S.B. Gadodia & Associates, he specializes in various tax laws, including GST, commercial taxes, and income tax. Rajiv holds a Diploma in Taxation Laws from Pune University and a B.S.L. (LLB) from ILS Law College, Pune.

His achievements include serving as Secretary to the Legal Aid Cell at LS Law College and winning the Raghavendra Phadnis Legal Aid Award. Rajiv actively participates in various intercollege activities and has



organized legal aid camps and youth conferences. He is associated with esteemed organizations such as the Jharkhand High Court Bar Association and the Commercial Taxes Bar Association, Jamshedpur.

Furthermore, Rajiv has organized national youth conferences and legal seminars, demonstrating his commitment to community service and professional development. As a panel lawyer for companies like Hindustan Petroleum Corp. Limited and Tata Motors Limited, Rajiv continues to excel in his legal career, serving his clients with dedication and expertise.





Rtn Darshana Taunk, Membership Development & Retention

Rtn Darshana Taunk is the Managing Director of Eastern Travels Pvt. Ltd., a leading Integrated Travel Solutions Provider established in 1963. With offices across eight major cities in Eastern India and Mumbai, Eastern Travels serves over 300 corporates and 10,000 customers.

Born on September 10, 1957, in Rajkot, Darshana completed her schooling at Sacred Heart Convent, Jamshedpur, and Rishi Valley boarding school. She graduated in Home Science from M.S. University, Baroda, and joined her father's travel business, Narbheram Travel Bureau, which later became Eastern Travels.



Starting as counter staff in 1978, Darshana worked her way up, earning

distinctions in Air India Fare and Ticketing courses and completing the Lufthansa advanced course in Germany. She became Managing Director in 1999, transforming the company into a comprehensive "One Stop Travel Shop."

Darshana's success stems from her innovative approach and dedication to customer service. Her leadership in MICE (Meetings, Incentives, Conferences & Events) has managed over 30 groups and 10,000 passengers.

She supports her employees through the Sushila Kamani Trust and is active in community service via Rotary Club and Bharat Sevashram Sangha. Darshana also values spiritual well-being, following her Guru's teachings. She credits her father for her success and remains family-oriented despite her busy schedule.

Darshana finds balance through morning walks, yoga, painting, and music. Her mantra is inspired by Robert Frost's lines: "But I have promises to keep, And miles to go before I sleep."

Rtn Pragya Singh, Public Relation

Rtn Pragya Singh, Principal of DAV Public School, Bistupur, Jamshedpur, and ARO of DAV Public Schools Jharkhand Zone E, is a distinguished educational leader. With over 31 years of experience in teaching and administration, she has significantly contributed to academic success and holistic development. An alumna of DAV Jawahar Vidya Mandir, Shyamali, and St. Xavier's College, Ranchi, she holds a Master's in Molecular Biology from Banaras Hindu University, Varanasi.







Rtn Singh's visionary leadership and commitment to education are evident in her numerous roles, including key resource person for the NCERT curriculum development team and coordinator of the Regional Training Centre under DAV Centre for Academic Excellence. She has also served as Chief Nodal Supervisor for CBSE Evaluation and City Coordinator for CBSE Examinations and NTA in Jamshedpur.

A passionate advocate for quality education, Mrs. Singh believes in fostering an inclusive and supportive learning environment, continually encouraging improvement for both teachers and students. Her dedication to enhancing learning outcomes and life skills has made her a respected figure in the educational community.

Rtn Dr Neena Gupta, Sergeant at Arms

Rtn Dr. Neena Gupta is a renowned senior Ayurvedic physician and Lifestyle Consultant with over three decades of experience. Originally from Lucknow, she holds a BAMS degree from State Ayurvedic College, Gurukul Kangri, Haridwar. Currently, she runs a clinic at DKT Complex, Golmuri, Jamshedpur. Dr. Gupta is a life member of the All India Ayurveda Congress (AIAC), Vishwa Ayurveda Parishad (VAP), and National Ayurveda Students and Youth Association (NASYA). She has certifications from the Arogyam Institute and the International Academy of Ayurveda in Ayurvedic nutrition and dietetics. As the Vice

President of the Women's Forum NIMA in Jharkhand, she actively conducts seminars on lifestyle management, women's health, and yoga. She has also worked with Arya Vaidya Pharmacy in Bangalore and Arya Vaidya Sala in Kottakkal. A Rotarian, she chairs the Substance Abuse Prevention Committee. Dr. Gupta was honored with the Bhartiya Nari Ratna Award 2023 in Ayurveda and Lifestyle.

Rtn Sheetal Mittal, Sergeant at Arms

RtnSheetal Mittal, daughter of Mr. Mangilal Chawla and Mrs. Rita Chawla, was born and raised in Jamshedpur. An alumna of Sacred Heart Convent School, she graduated with honors in Economics from Symbiosis, Pune. At 22, she married businessman Mr. Sumit Kumar Mittal. They have two children, Neev and Manya.

Sheetal excels as both a homemaker and a marketer. Passionate about wellness, she became a certified nutritionist, guiding thousands toward healthier lives. Her dedication to serving others aligns with the Rotary organization's mission, making her a committed and enthusiastic member.









GLANCES AT THE WEEK'S EVENTS & ACTIVITIES RCJ REGULAR MEETING



Glimpses of the Sarv Mangal Programme held on Monday, 24th June 2024 at Beldih Club

<=><=>

ROTARY EYE-SCREENING CAMP

On 24th, 25th & 27th June 2024

Rotary Satellite Eye-screening Van was stationed at B S. Estate Complex on 24th & 25th June 2024 with 48 beneficiaries.

On 27th June 2024 the van was stationed at Beldih Club with 30 beneficiaries.







RCJ PACEMAKER COMMITTEE

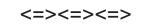
On Thursday, 27th June 2024

A 78 year old woman Chabi was unable to bear the cost of a pacemaker which was very essential for her to survive. Rtn Dr. Mandar Shah

requested the committee to help. A single chamber pacemaker costing Rs.55,000 was implanted to save Chabi.

This was the 13th pacemaker implant in the R.I. year 2023-24.





RCJ WINS COMMITTEE

On Friday, 28th June 2024

An Awareness Session on Hand Washing was conducted at Primary School at Bhalukbera and Chotanagpur Vikas Vidyalaya at Silpahari.

Resource persons Honorary Secretary Rtn Dr V.S.P. Sinha and Rtn Aruna Taneja made students aware of the importance of personal hygiene and proper way of hand washing. They gave live demonstration of techniques of hand washing.

All students were given hand wash bottles and pamphlets showing the right way of hand washing. President Rtn Pramod Dubey, WINS Committee Chairperson Rtn Kaustubh Kumar, Rtn S.S. Gadia, teachers and other staff were present at the session.







RCJ FOOD FOR ALL COMMITTEE

On Saturday, 29th June 2024

Rotary Club of Jamshedpur and Shirdi Sai Charitable Trust members were at Jagannathpur and Demkadih villages distributing steaming hot and nutritious meal to 290 residents. The meal consisted of rice, dal, mixed vegetable curry (potatoes, wax gourd and rajma) papad and a banana each.

Volunteers present were:-

PDG Rtn Vijay Mehta, Rsp Kiran Mehta, Rtn Aruna Taneja, Rtn M. L. Agarwal, Rtn Mahendra Gupta, Rtn Rohan Mehta, Mr. A. R. Gopalan, Mr. Binay Kumar.



<=><=>

RYLA 2024

The Rotary Youth Leadership Awards ("RYLA") is a programme for young people that was officially adopted by Rotary International in 1971. Rotary Club of Jamshedpur, the oldest Club of undivided Bihar (15th Club of India) has conducted RYLA continuously for past many years. RYLA 2024 is being hosted at Dayanand Public School, Sakchi on 29th & 30th June 2024... XLRI Director – Fr. George Sebastian was the Chief Guest for the event. The 2 day event



kickstarted on 29th June with 200+ students from 12 eminent schools of the town. The event has many eminent speakers from across the country as well as Jamshedpur who shall touch upon diverse subjects pertaining to the "Youth" through a beautiful mix of Classroom Sessions as well as Workshops. RYLA 2024 included sessions with keynote speakers, workshops, interactive & team-building activities to encourage the students to build self- confidence, improve their communication skills and develop the courage to take leadership tasks.

President Rotarian Pramod Dubey, Secretary Dr. VSP Sinha, Dist Interact Chair – Past President Rotarian Sharat Chandran, Youth Services Chairperson Rotarian Vinod Menon, RYLA Chairperson Rotarian Kaustubh Kumar addressed the students in the presence of Senior Rotarians and other dignitaries of the town.

The 2 day event shall have its Closing Ceremony on 30th June 2024.







The 2 day event for the Interactors - RYLA 2024 hosted by Rotary Club of Jamshedpur ended with a bang with the closing ceremony at Dayanand Public School today, 30th June at 4pm. Col. Earnest Paul, DGM Jusco was the Chief Guest for the occasion and PP Rtn. Gian Taneja was the Guest of Honour for the ceremony.

The event ended with the Prize Distribution for the Winners, Best Performers, Attending schools, Sponsors and Volunteers.

PDG Rtn Dr. R Bharat, PP Rtn Dr. NC Singhal, PP Rtn. Katy Gabba, PP Rtn. Sharat Chandran (District Chair Interact Services), Rtn. ML Agarwal, Rtn. Rajiv Talwar, Rtn. S Vaidyanathan, Rty Spouse Anuja Vaidyanathan, Rtn. Santosh Ranjan, Rtn. Rohan Mehta were present along with President Rtn. Pramod Dubey and Hon. Secy Rtn Dr. V S P Sinha.

<=><=>

RCJ BHELAIPAHARI MOTHER & CHILD HEALTHCARE CENTRE

On Saturday 22nd June & Wednesday, 26th June 2024

Clinic was held at the centre by Dr.Rita Bhatnagar where she examined 104 patients and prescribed medicines to them. 51 food packets were distributed among the needy by Rsp Surya Venkat.







CONGRATULATIONS!



On Sunday, 23rd June 2024

RCJ President Rtn Pramod Dubey and Honorary Secretary Rtn Dr. V.S.P. Sinha receiving awards from District Governor Rtn S.P. Bagaria at the District Awards function' Gracias' at Hotel The Cruise.

<=><=>

A GREAT MOMENT !



PE Rtn Mangilal Chawla greeting the R.I. President Rtn Stephanie Urchick at a special meeting with DG and Presidents of 2024-25 (Zones 5 & 6) at ITC Royal Kolkata on 26th April 2024.







<=><=>

FROM SATELLITE CLUB OF BIRDERS

Photo by Rtn Subrat Basak Site - Dalma Date - May 2024 Name - Indian Pitta Hindi - Navrang Call vee too, vee too at dawn and dusk

Migrates from South India in summer, breeds in North India, including Dalma and returns before the monsoon rains.







SMILE A WHILE

One of THE BEST joke I've ever heard:

One day a Colonel Sa'ab from the Army, fell into a well. The soldiers would throw a rope into the well and pull the Colonel Sa'ab out. The moment the Colonel would come up, the soldiers would leave the rope snap to attention and salute. The Colonel Sa'ab would fall back into the well. This happened many times.

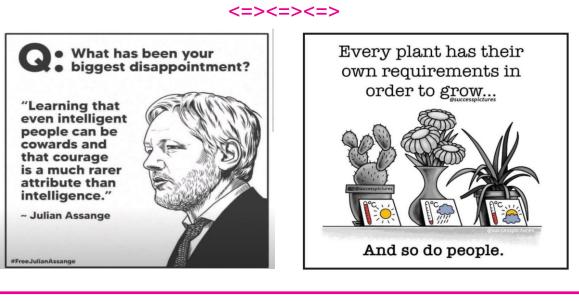
Someone suggested that a Brigadier be requested for help-because HE wouldn't have to salute the Colonel. So one Brigadier Sa'ab arrived. He threw the rope into the well and the Colonel Sa'ab grabbed it. The Brigadier Sa'ab began pulling the rope. As soon as the Colonel Sa'ab reached the top of the well, he spotted the Brigadier Sa'ab. He immediately left the rope and saluted. And he fell back once more, into the well.

There was total silence. Then everyone heard the desperate Colonel Sa'ab's voice from down below

"You idiots - get hold of a batchmate !!" MORAL OF THE STORY:

Classmates ARE important ! They can save your life!

(Dedicated to all Batchmates, Classmates & Glassmates)



-

-

-

- 1. Rotary Club of Jamshedpur East
- 2. Rotary Club of Jamshedpur Steel City
- 3. Rotary Club of Jamshedpur Mid-Town
- 4. Rotary Club of Jamshedpur West
- 5. Rotary Club of Jamshedpur Dalma
- 6. Rotary Club of Jamshedpur Femina
- 7. Rotary Club eclub one website

- Wednesday at 19:30 hrs. at Golmuri Club
- Friday at 19:30 hrs. at Fortune Centre Point
- Thursday at 19:30 hrs. at Hotel Boulevard
- Friday at 19:30 hrs. at Beldih Club
- Wednesday at 19:30 hrs. at Hotel Jiva, Sakchi
- Friday at 18:00 hrs. at Hotel Boulevard
 - http://www.rotaryeclubone.org